



JURA NEWSLETTER

APRIL 2020

WHAT IS JURA?

JURA is the Justice Recreation Association, established in May 2009, It caters for the recreational interests of all staff who work as part of the Ministry of Justice and its associated offices across the UK.

JURA is funded by the Civil Service Sports Council (CSSC) from the membership subscriptions of MoJ staff. In partnership with CSSC, JURA aims to help staff improve;

- Work-life-balance
- Physical health
- Emotional well-being

JURA is run by volunteers from MoJ and retired staff. Our aim is to provide sports and leisure events for all JURA members.

To qualify for JURA funding subsidy members must be a member of CSSC.

JURA cannot provide any funding for non CSSC members.

JURA & Covid-19

In line with the Government announcement on Tuesday 24th March, JURA has suspended all of it's events and activities for the next 5 months or until the restrictions have been lifted.

As a result, all the events JURA planned to run throughout the spring and summer months have been postponed until later in the year.

We hope to be able to start our Autumn programme of events in September 2020. Check out the new JURA Website or email the JURA Inbox for full details of events.

JURA@Justice.gov.uk

Civil Service Sports Council

Membership to The Civil Service Sports Council (CSSC) is open to all MoJ Civil Servant staff, their families and friends.

CSSC organise a wide range of activities and events with something for everyone. There are also a number of great benefits to being a CSSC member.

Check out their website at;

www.CSSC.co.uk

NEW JURA WEBSITE COMING SOON.

WATCH OUT FOR

JURAJUSTICE.ORG.UK

CSSC & Covid-19

CSSC Advice 24th March 2020

Events

Based on government advice, all CSSC events up until 30th June 2020 must be postponed or rearranged, or as a last resort cancelled. This date will of course be reviewed daily, based on Government advice. CSSC will be on hand to support you with this, and once this has been achieved, we will issue further guidance on any financial impact that this may have on CSSC and its affiliates.

The National and Regional Sports Programmes will also be affected by this postponement period. If you have a CSSC qualifier, national or regional event taking place during this time, or have any questions about the impact that this will have going forward please contact events@cssc.co.uk and they will be able to issue further specific advice.

CSSC Support

CSSC is working hard to provide as effective a service as possible during this time and CSSC will be on hand to support you in the first instance. Additionally, for any queries or concerns please get in touch and CSSC will respond as quickly as possible.

We are aware that a substantial element of CSSC's offering will be impacted by Covid-19, but we are currently working on an exciting new project to adapt to this period of uncertainty. The '[At Home with CSSC](#)' project will seek to develop offers and opportunities for members at home. If you would like to be involved with this or have any ideas, please get in touch.

As ever, the advice that we are issuing is continually evolving and changing in line with Government advice. We would once again like to assure you that our volunteers remain at the heart of what we do and that we will keep you up to date with any changes to CSSC operations during this time. We would like to thank you for your patience, understanding and support during these challenging times.

For the most up to date Government advice please continue to visit:

UK: <https://www.gov.uk/guidance/coronavirus-covid-19-information-for-the-public>

FUTURE 2020 JURA EVENTS

CHRISTMAS 2020 AT KEW GARDENS

There is something for everyone at Kew's magical after dark experience. The one mile sparkling trail winds its way through the gardens, illuminating trees and buildings and boasting over one million twinkling lights!



As the twilight falls, the magic begins...

Fairy-tale meets fantasy in a world of singing trees, larger-than-life flora, ribbons of light, giant baubles, and a flickering Fire Garden. The Palm House leaps into life with dazzling show of laser beams, jets of light and kaleidoscope projections.

JURA is organising a trip in early December 2020.



The Postal Museum & Mail Rail Exhibition

If you would like to join us on either of these events, please email the JURA Inbox

JURA@Justice.gov.uk

2020 EVENTS PROGRAMME

April 2020

- **JURA LONDON CROQUET TASTER DAY – Saturday 24th April**
Postponed
This event will either be rescheduled in September 2020 or in early 2021.

May 2020

- **2020 JURA Membership Event**
Postponed
This event will either be rescheduled in November 2020 or in early 2021.
FREE to JURA/CSSC Members.

- **The Postal Museum & Mail Rail Exhibition**
Postponed
This event will either be rescheduled in November 2020 or in early 2021.

June 2020

- **MoJ National Golf Championships & Team Trophy Competition**
Postponed
This event will either be rescheduled later in 2020 or in early 2021.
- **The Mouse Trap Theatre Trip**
Postponed
This event will either be rescheduled in November 2020 or in early 2021.

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If the restrictions are relaxed we hope to be able to run some events in July & August 2020.

We will let you know when we start to run events again.

July 2020

- **Hampton Court Palace Flower Show**
Hampton Court Palace, Teddington.

August 2020

- **MoJ National Football Tournament.**
- **JURA River Boat Cruise, River Thames.** Membership Event

September 2020

- **BBC Proms In The Park**
ticket Prices from 16th May 2020.

October 2020

- **Pretty Women Musical Theatre Trip**
Limited Tickets Available

November 2020

- **TBC Elizabeth & Mary Exhibition, British Library.**
Followed by Tea & Cakes.

December 2020

- **TBC Winchester Christmas Market Coach Trip.**



Winchester Christmas Market Coach Trip
Saturday 5th December 2020
Cost of this event will be –
£15.00 JURA/CSSC Members, £10.00 Children of Members and Guests £25.00.
Email the JURA Inbox to reserve your tickets.
JURA@justice.gov.uk

JURA GOLF SOCIETY 2020

Summer Fixture Schedule

April, May & June fixtures **postponed** until later in the year.

These events include;

- **Friday 3rd April** – Tyrrells Woods GC
- **Friday 24th April** – Purely Downs GC
- **Friday 22nd May** – Cherry Lodge GC
- MoJ Open & Team Trophy Event
Wed 3rd & Thur 4th June.

Future Fixtures

Subject to CV Restrictions

- **Friday 17th July** – Seaford Head GC
- **Friday 7th August** – Sweetwoods Park GC
- **Friday 28th August** – Addington Palace GC
- **Summer Finals Event** – Venue & Date TBC.

Golf Society Information

If you would like more information about the JURA Golf Society, email Jeff Warburn at –

Jeffgolfevents@gmail.com



JURA Book Club

Meets at Petty France.
Email the JURA Inbox
for further details.

JURA 2019 Winter Cup Competition Results

The 2019 JURA GS Winter Cup Competition Finals was scheduled to be played on Thursday 19th March 2020 at The Shire London, but due to the course conditions the event was cancelled.

The Golf Society Management Committee have decided to cut the competition from 6 event with the best 4 events to count, down to 5 events with the best 3 to count.

Winter Cup Final Results

Winter Cup Winner – **David Hizey 42 Pts**

Par Cup Winner – **Mark Edwardes 18 Par**

Nearest the Pin – **Carl Vaughan 6 pts**

Longest Drive – **Keith Reed 11pts**

Congratulations to all the winners and thanks to all the participants for your support.

Trophies will be awarded when the Society events resumes.

JURA REGIONAL COMMITTEES

JURA has 11 regions across the country, we are in need volunteers to help manage and organise the events and trips for our members.

If you would like to become involved with JURA, please email the JURA Inbox

JURA@justice.gov.uk

JURA LOCKDOWN

KEEP FIT EXERCISES

If after 2 weeks of lockdown you are bored with daytime TV, try these exercises to keep yourself fit. They can be done by everyone regardless fitness levels and for all ages without the need for any equipment.

Exercise 1

March on the spot for 3 mins.



Exercise 2

Heel digs:

Aim for 60 heel digs in 60 seconds



Have fun, stay safe and keep fit.

Exercise 3

Knee lifts: aim for 30 knee lifts in 30 seconds



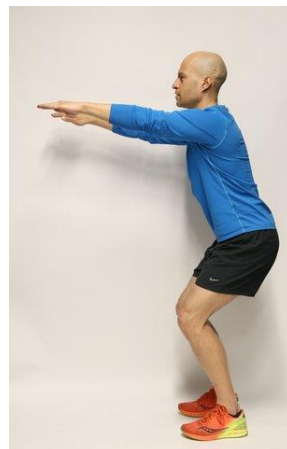
Exercise 4

Shoulder rolls: 2 sets of 10 repetitions



Exercise 5

Knee bends: 10 repetitions



JURA NATIONAL COMMITTEE 2020

The JURA National & Regional Committees are here to manage and organize events for our members.

JURA currently has just over 4000 members who work for the MoJ, we also have a large number of retired and Linked members.

The Regional and National committees are here to help members by be available to provide you with the events and activities you want.

If you would like to suggest an event that you would like JURA to organise, please contact any of the National or Regional Committee members listed below, we are here to help!

National Chair	Jeff Warburn Jeffwarburn@virginmedia.com
National Treasurer	Mark Edwardes Mark.Edwardes1@justice.gov.uk
London Chair	Ralph Palmer Ralph.Palmer@justice.gov.uk
London Treasurer	Danny Augustine Daniel.augustine@justice.gov.uk
Scotland Chair	Ronnie Murphy Tel - 0141 333 4023
Scotland Treasurer	Joanne McLeary Tel - 0141 333 4051
Communications Officer	Motin Khan motin.khan@justice.gov.uk



NEW JURA WEBSITE

JURAJUSTICE.ORG.UK

JURA will launch its new website at the end of April 2020.

Our aim is to provide all JURA & CSSC members a central reference point for all JURA Sport, Leisure, Entertainment, and Arts events that we organise for our members.

Win a Microsoft Pro Surface

If you visit the site, complete the Registration Form, your name will be entered into the draw for a **Microsoft Pro Surface**. Draw will take place at the end of May 2020, details of date & time to follow.

This offer is only open to MoJ Staff, JURA/CSSC members who currently work or have worked for the MoJ, LCD or DCA in the past.

JURA EVENT FUNDING

JURA is able to provide help and funding for MoJ staff, retired staff and Linked members who are CSSC members and who work or have worked for the MoJ, LCD or DCA in the past.

If you or your team would like to organise a trip to the Theatre, a Museum or an International Football, Netball, Cricket or Rugby match.

JURA is here to help make it happen.

If you would like to know more, email the JURA Inbox;

JURA@justice.gov.uk